

A Message from Duke . . .

Looking Back & Looking Ahead

Wow. Together, we accomplished an incredible amount of good last year! We replaced our broken fridge and freezer, expanded our kitchen, put new beds in our Women's Shelter and we did that all while serving meals, providing shelter, helping people get jobs, overcome homelessness and addiction and move off the streets into permanent housing.

That list is just the tip of the iceberg and it was all possible because of the generosity of friends like you!

As we look ahead to 2023, our biggest goal is to keep serving with love and dignity so that we can empower more people to become the best version of themselves.

Practically, that means continuing to create an environment of inclusivity where everyone is welcome and knows they are valued and important. We also want to grow in depth across all our services and expand our Men's Shelter and New Life Program so that even more people can be reached.

As we work towards those goals, we'll use your support to continue to love and empower people in our current facility so that more lives like Theresa's will be transformed in lasting ways. I can't wait to see what God has in store.

In Christ,



Will You Pray?

There is so much happening at the Mission, and we would be grateful if you joined us in prayer. Here are a few current requests:

1. **Protection** for men, women, and children on the streets in winter. Help them reach safe shelter.
2. **Provision** for our Men's Shelter Expansion. That it would allow more lives to be restored.
3. **Praise** and thanksgiving for the successes - families being reunited, jobs being gained, and housing being secured - of those we serve each day.



Save and Change Lives in 2023!

There is so much hunger, hurt, need and despair in our community. If there's one thing we want people who walk in the doors to feel, it's goodness.

The goodness of being loved. Of being treated with dignity. Of being empowered to escape homelessness and addiction and become their best self.

And that's what your gifts of food, shelter and access to life-changing programs provide!

Each \$26.81 you give provides a full day of transformational care for one person.

"There's so many different varieties of goodness in this program," Theresa says. "The people who give are making that all possible."

As we start 2023, we can help our hurting neighbors heal from the pain of their past and begin living new lives and become the best version of themselves.

Please respond by January 31!

You can give instantly online at: trm.org

Ever Thought of Being a Monthly Partner?

Because we expanded our kitchen and dining room last year, we are now able to serve more of our neighbors in need than at any other time in the last 100 years! But it's a marathon, not a sprint, and regular monthly donations make a huge difference!

"Jesus says that what you do for the poor and destitute, you do for me. So giving every month is really us being led by the Lord." – Greg & Cheryl, Monthly Giving Partners*

For more information about monthly giving, or to sign up, go to: trm.org/monthly

*names changed to protect privacy



A gift of \$26.81 provides a full day of transformational care for one person!

HELP. HOPE. HEALING.

The BEST Year of Her Life

When Theresa was a young girl, she was molested by her mother's boyfriend.

Her mother stayed with him but sent Theresa to live with her dad.

Theresa's dad struggled with addiction and often turned to crack as his drug of choice.

"I was living in survival mode all my life because I never knew how to not be in survival mode," she explains.

Growing up around addiction, Theresa didn't think it was a big deal when she began drinking with her friends as a teenager.

But while her other friends were able to put the bottle down, Theresa wasn't. **Not only did drinking help Theresa ignore the deep pain she was feeling . . .**

Continued Inside . . .

"I finally made it here and you know what? This is the best program ever. The best program ever!" –Theresa

HELP. HOPE. HEALING.

THE NEWSLETTER OF THE TACOMA RESCUE MISSION

OUR COMMITMENT TO YOU

The entire staff of The Tacoma Rescue Mission pledges to do everything possible to help the hurting and homeless. It was our commitment when our work began in 1912, and it continues to drive us. We pledge to bring help, hope, and healing to as many people as possible by providing food, shelter, clothing, education, job training, work opportunities, transitional housing, and other programs.

P.O. Box 1912 | Tacoma, Washington 98401-1912 | 253.383.4493

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The BEST Year of Her Life

. . . it also eased her social anxiety.

“It made me feel normal. I felt like I could connect to people better when I had alcohol in my system.”

And Theresa wanted connection. She wanted friends. She wanted a loving family. She wanted a community. So she kept drinking.

A few years later, she felt even more alone when her dad committed suicide.

Never having been taught how else to cope, Theresa drank more and more. Eventually, she was unable to hold a job and got into a horrific car accident. She was unresponsive for a week and in a medically induced coma for two months.

As she began healing, she fought to become sober. Not long after, she got into an unhealthy relationship. She was fighting to stay sober, but he continued drinking. Theresa knew she had to leave but she had nowhere she could go, so she came to the Mission for a safe place to sleep and eat.

Here, Theresa heard about our New Life Recovery Program, applied and got in.

“This program has really taught me how to live,” she says. “This program was meant for me because I was hungry for Jesus and this is the only program that deals strictly with Jesus and God. ”

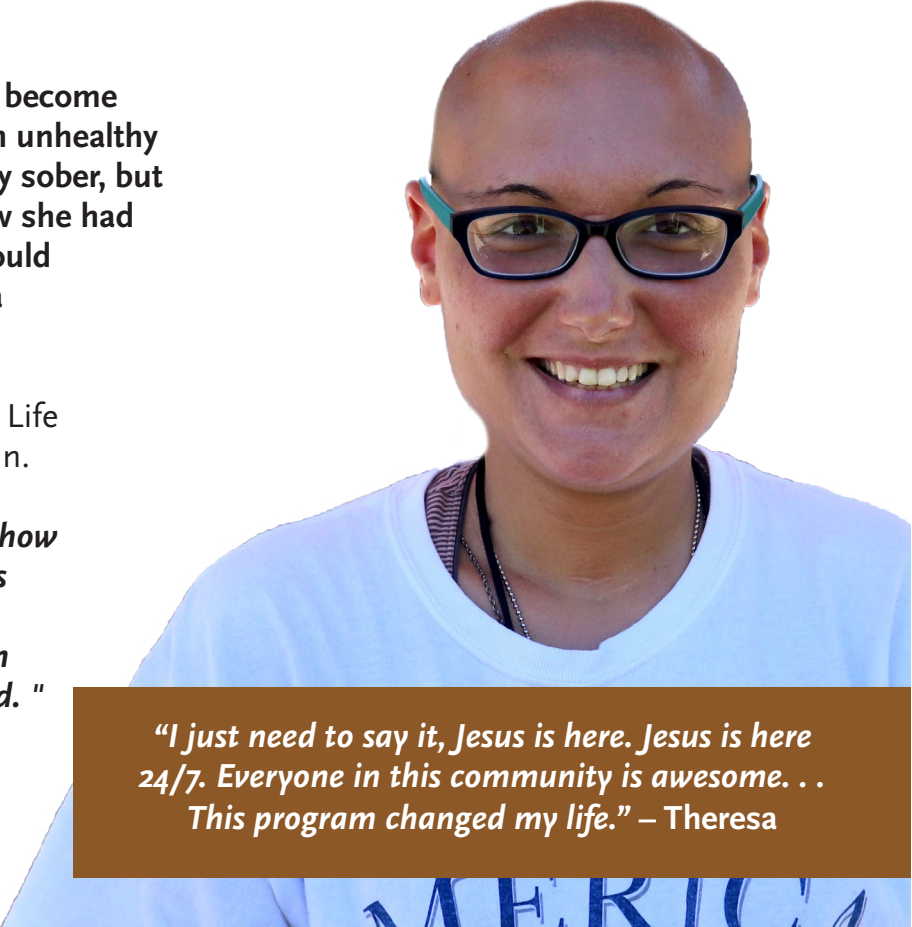
The pain and trauma of Theresa’s past are still a reality. She still has

scars, but she’s healing and, in many ways, has already healed more than she ever thought possible.

Theresa graduated last month and it’s safe to say 2022 was the best year of her life. **She knows she wouldn’t be where she is today – healthy, alive, sober and walking with Jesus – if it weren’t for generous people like you.**

“Your willingness to give, your willingness to help someone makes it all possible,” she says.

Each \$26.81 you give will provide a life-saving, transformative day of care for someone like Theresa!



“I just need to say it, Jesus is here. Jesus is here 24/7. Everyone in this community is awesome. . . This program changed my life.” – Theresa

Verse of the Month

“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.” – Galatians 6:9 (NIV)

You Made it Possible!

Serving Meals to More People Than Ever Before

In 2022, our biggest project was the remodel and expansion of our kitchen and dining areas. The support, prayers and generosity of friends like you made it possible for us to keep serving food to our desperately hungry neighbors while we replaced our broken fridge and freezer and did a major overhaul.

Now, the kitchen is able to serve more food to people than ever before and it’s become a beautiful community gathering place. Volunteers and giving partners who saw the completed renovation for the first time were amazed!



“To see just a beautiful facility open up and be able to reach so many more people. I love the idea that this place is going to even more be able to show love and nurturing and help people feel a sense of belonging.”

– Amy, Mission Volunteer



“It’s fantastic to see the space in person and to know it’s going to serve so many more people. The equipment is new, the Mission won’t need to spend money and time in repairs anymore. The excitement around the new kitchen space is just fantastic and to see what we’ve been able to help do for the community is awesome.”

– Nancy, Powell Family Foundation, Nancy E. Powell Family Division



“There is so much hope when you walk in here. I’d never really thought about how important it is to make the kitchen a welcoming space for volunteers and people coming off the streets. It’s more than a place to store and prepare food. It’s a space for everyone, where our community can gather and feel loved and supported.”

– Derek & Nancy, Woodworth Foundation

Together, We Can Do Even More in 2023

The Men’s Mission Expansion

We’re using the current Men’s Shelter the best ways we possibly can, but we’ve outgrown the space. In fact, we’re housing more than twice the number of guests the shelter was built for 21 years ago. In order to provide the most loving, dignified and empowering help we can, we need to expand and update our Men’s Shelter, and we hope to do that this year!

Our Goals:

- **Build an addition to the Men’s Shelter** to increase capacity and bring the facility up-to-date. Our bathroom capacity will double, offering 2x the toilets, sinks and showers that are currently available.
- **Replace the bunkbeds** with new bed units that won’t require our guests to climb up a ladder. The new units will have steps, a small locker area and a phone charging station, and add 100 more beds to the shelter.
- **Install a permanent roof over the courtyard** outside the Men’s Shelter so that we can use it for dining year-round, as well as a multipurpose space for things like career fairs, health clinics and other guest services.

The new addition will increase our capacity by 19,500 square feet of interior space. The closed-in courtyard will add an additional 3,875 square feet. That’s an over 80% increase!

