



A Message from Duke . . .

Going Beyond

The New Life Recovery Program goes way beyond providing meals to the hungry. I see it as a practical way to live out the parable of the Good Samaritan.

It's saying, I see you have a need. I'm moved with compassion to help you, but I'm not just going to help you with your most immediate needs. I will also come alongside you and offer more. I'm going to care for you as a person and provide support for you as you heal. I'm going to invest in you so that you can experience complete, restorative healing. Because I know you are worth of that and more.

That's what your gifts to the New Life Recovery Program do. You provide the opportunity for transformation that isn't just physical, it's also spiritual. You're helping people understand God's love and His specific design and care for them. That's where that lasting transformation comes from. And that's what happens every day at the Mission.

I'm so glad you are a part of it.

In Christ,



“We are here to provide help, hope and healing. So we provide tangible help with our meals and shelter and a safe place. But ultimately, it goes beyond that. We want that to lead to a relationship where hope and really healing and full life restoration is part of what we’re doing. The New Life program is a fantastic representation of that.” – Duke



Each \$32.73 you give provides a day of food, shelter, essential care, Christ-centered counseling, addiction recovery and more for one person.

Offer Profound, Lasting Transformation!

Right now, there is someone in the place that Susan was just over five years ago.

Someone who is alone. Hungry. Desperate. Without hope. And feeling like their life doesn't matter.

You have the opportunity to show them they are wrong. You have the opportunity to help them step into a whole new life.

By coming together now, we can give men

and women in need the best chance to experience long-term transformation!

Each \$32.73 you give provides one day of recovery and care for one person. That includes food, shelter, hot showers, clean clothes, plus counseling, job- and life-skills training, Christ-centered addiction support and more.

It's one of the best investments you can make. It's an investment in someone's life and it's an investment in making our community stronger.

Please respond as soon as possible. Help save a life at trm.org/Donate

HELP. HOPE. HEALING.
THE NEWSLETTER OF THE **TACOMA** RESCUE MISSION

OUR COMMITMENT TO YOU

The entire staff of The Tacoma Rescue Mission pledges to do everything possible to help the hurting and homeless. It was our commitment when our work began in 1912, and it continues to drive us. We pledge to bring help, hope, and healing to as many people as possible by providing food, shelter, clothing, education, job training, work opportunities, transitional housing, and other programs.

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HELP. HOPE. HEALING.

THE NEWSLETTER OF THE **TACOMA** RESCUE MISSION | MAY 2022

From the Brink of Death to a New Life

If you've never battled addiction, it's hard to understand how horrible it is. Susan knows because she lived trapped in the nightmare of drugs and alcohol for years.

“I come from a long history of people that suffer from addiction. My mom had her own problems when I was growing up. It was just something we learned from her,” she explains.

Susan had no idea she could live any other way.

That's why when the car she was living in broke down in Sumner, Susan thought about ending her life.

“I had lost everything. I was living in my car. Had lost all my loved ones. I'd lost all my possessions, and I was just really depressed. And I just felt like I couldn't go on anymore,” Susan says.

But there was a cannery nearby. You might know the one. In a last-ditch effort . . .

“It was awful living in my car. I mean, I had nobody. I was just sitting there with my beer cans and just thinking, ‘This is my life now.’ I was depressed and crying all the time, and just begging God to kill me.” – Susan



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From the Brink of Death to a New Life

... Susan ran inside and told the employees she wanted to end her life. They called 911 and Susan was put on suicide watch at the hospital. Her social worker mentioned that there was a place that could help her, if she was willing. They were talking about the Mission.

Susan knew that she had to make a change. She signed up for our New Life Recovery Program that friends like you make possible.

“It was my third time in treatment, and this time it worked,” she says.

“I got close to the Lord. And for me, the 12 steps, all that, my other treatment programs didn’t really work,” Susan shares. “The spiritual aspect and Christian values really is what I needed.”

“I’m a completely different person. I was so ashamed of myself and my addiction. People can’t believe the difference,” she says.

Susan graduated from the Mission's New Life Recovery Program 4 ½ years ago. She's maintained her sobriety that whole time! Now, works as a drug and alcohol counselor and has her own place out in Lacey.

She knows her transformation will last. Because whenever she starts to struggle, she has a support system to reach out to, just like everyone else in the New Life Program does.

“Having support and accountability is crucial to sobriety. Absolutely crucial.” Susan says emphatically. “Without the program and the aftercare they offer, I think I would’ve slowly fallen away, for sure.”

Once you’re in the New Life Program, you’re in the program for life. As long as the Mission is here, we’ll provide all the support and care we can to both current and past program participants. To keep doing that, we’re counting on the help of friends like you.

Susan needed the new life that can only be found in Jesus Christ. That’s what the gift of friends like you gave her – and what your gift today can help give to someone else!



“Your support saves lives. It saved me and the lives of my family. That’s something I can pass down to my grandkids, and they can remember me and pass those things down to their kids. It’s the generations to come. It’s so worth it.” – Susan

Verse of the Month *“Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.” – 2 Corinthians 5:17 (ESV)*

The Opposite of Addiction is Community

Susan’s story had a line you may have missed: *If you’re in the New Life Program, you’re in it for life.*

That means when you leave the New Life Recovery Program, you have an ongoing support system in place as you enter back into the world and continue walking out your new life. **People who have successfully exited the program have access to support and counseling for life. They also have the option to go into transitional housing so that they can practice the skills that they learned at the Mission in the real world.** Our most recent transitional living house is the Sound House - a sober living house for men.

The 12-bedroom Sound House was bought and renovated by Theory Real Estate. After getting it ready, they turned daily operations over to the Mission.

“It was such a fun project to work on! We took this project very personally. It was so special that we could dial the house in and make it beautiful and inspiring! It was an amazing feeling to hand the keys over,” Rondi Miller, owner of Theory Real Estate, says.

“As local business owners, we love that we can help with the resources we have, but it is really the education and expertise that the Tacoma Rescue Mission has that will help support all of these men and women,” Rondi continues. “It takes us all working together. We are so thankful that we got to be a part of this amazing project!”

“The Sound House gave me an opportunity to put into practice what I learned in the New Life Recovery Program. It’s like a training ground. A place to ease you back into the real world and real-world problems. It teaches you responsibility and where there’s accountability and support to stay focused on getting your life better.” – Jose



CAPTION HERE

What Graduates Are Saying

No one who goes through the Mission’s New Life Recovery Program leaves unchanged. Susan, Charles, Kalina, Gary and Jennifer are proof!



“I’m just really thankful that God’s made me a better person. There were many times I wanted to give up, but I didn’t.” – Charles



“I spent four and a half years homeless. If I stayed out there, I wouldn’t have stayed clean. I decided I wasn’t going to doubt God exists but instead learn everything I could about His Word and the promises of Jesus. I have a new identity in Christ.” – Jennifer



“I knocked on the door of the Mission and they let me in. I decided that I’ll just sit back and learn what I can learn, because I was broken. And through it all, they showed me grace. They showed me different ways of handling my problems.” – Gary



“The program has taught me life skills. Through devotion and reading the Word, I see myself getting stronger. I don’t feel distant from God like I used to. I feel at peace more as I discover myself through Him.” – Kalina

Join Us For Graduation: July 8th

There’s nothing quite like hearing graduates share how their lives have been transformed for yourself.

Please join us for our next graduation celebration on July 8th from 6:00 pm - 8:00 pm. If you’re unable to attend in person, we’ll also be live-streaming the whole event at lgministries.org - we hope you’ll join us!

If you aren’t free on July 8th, we hope you can join us for our fall or spring ceremonies in November and March.

For more information about graduation, email us at info@trm.org or call 253.383.4493.

