

A Message from Duke

The Power of Showing Up

Showing up for someone in their time of need is a powerful thing.

When friends and family are there for me in dark, discouraging moments, it's a reminder of hope. A reminder of God's promise to never leave us, never forsake us.

As God's hands and feet, the Tacoma Rescue Mission strives to bring this promise to our hurting and lost neighbors.

To show them they are loved. To show them they are not alone. The Search and Rescue Team is a crucial part of this work.

Thanks to the dedication and generosity of friends like you, we're able to come alongside vulnerable individuals right where they're at. To offer them essential survival items, life changing resources and more.

Because of this, the Search and Rescue Van has become a beacon of hope to so many.

Your donations make this hope possible. Real, tangible hope that shows up when our hurting neighbors need it most.

In Christ

Duke Paulson

Executive Director





You can help provide life-saving care and resources to your neighbors struggling to survive on the streets.

You Can Help Save Lives this Winter

During the winter months, the line between life and death can be incredibly thin for our neighbors still struggling on the streets.

Frigid temperatures mean vulnerable individuals and families are at risk of frostbite, hypothermia and even death.

That's why your gift today is so crucial – and so urgent needed.

Each \$7.51 you give helps rescue one person from the cold, dangerous streets and helps them start a new life!

Because of your support, Search and Rescue is able to offer real rescue to individuals in desperate need.

Rush your gift today to help save lives. Many of our neighbors can't wait much longer.

Help Save lives today! Give online at: trm.org

HELP. HOPE. HEALING.

THE NEWSLETTER OF TACOMA RESCUE MISSION

OUR COMMITMENT TO YOU

The entire staff of The Rescue Mission pledges to do everything possible to help the hurting and homeless. It was our commitment when our work began in 1912, and it continues to drive us. We pledge to bring help, hope, and healing to as many people as possible by providing food, shelter, clothing, education, job training, work opportunities, transitional housing, and other programs.

P.O. Box 1912 | Tacoma, Washington 98401-1912 | 253.383.4493 trm.org | F TacomaMission | TacomaMission



HELP. HOPE. HEALING.

THE NEWSLETTER OF THE **TACOMA** RESCUE MISSION | JAN 2020

A Beacon of Hope

Night after night, you sleep on wet grass. If not there, then on cold, hard concrete. Every layer of clothing is damp when you get up. The morning air chills you to the bone.

Staying warm is a life-or-death battle, especially during the winter months. And finding food each day is a necessity.

These are hardships that Hannah* faced while living on the streets.

"I never realized how unhealthy, hungry and dehydrated I was. I honestly don't know how I even survived," Hannah shares.

Alone and lost out on the streets, **she felt like no one cared. Like everyone just saw her as an outcast or a target.**

"You can't trust anyone. You end up lost in strange neighborhoods not knowing how you got there or where to get help."

> Hannah was losing all hope. That's when the Mission's Search and Rescue street outreach team found her . . .

> > Continued Inside 🔊

"They rescued me. They showed me that the Mission was at the center of all this hope." — Hannah

INSIDE:

- The Extreme Dangers of Cold Weather
- Our Vulnerable Neighbors Need Our Help
- Help Meet the Most Urgent Needs
- You Can Help Save Lives this Winter

*Name and photo changed to protect privacy

Tacoma Rescue A Mission

Continued from cover...

A Beacon of Hope

"Seeing the Search and Rescue van was like seeing an angel. Like God was sending help along the way," Hannah shares.

Hannah knew right away that this group of people were different.

"They never judged me," she says. "They just knew I was hurting and that really mattered."

She saw that **they truly cared and wanted to help her.**

"Search and Rescue isn't just a drive by service to give you food and water. It's an invitation to come to where the help is. An invitation to a better life," Hannah shares.

Hannah accepted that invitation.

Now, she is healthy, in stable housing and working as a peer counselor for other hurting people in our community.

Because of the crucial support and volunteer hours provided by friends like you, Hannah could step into a new life.

Friends like Ramona volunteer with Search and Rescue to help show love, share hope and offer life-changing services.

Ramona has seen first hand how crucial our Search and Rescue ministry is.

"Search and Rescue saves lives." she explains. "In many instances people can't find the Mission. Can't get to it. They're too far away. They're too sick." It's obvious that God is working through dedicated community members like you to make a real difference.

Tonight, however, there's still hungry and hurting people who need your help.

"After my evening with Search and Rescue, I cried out of gratitude for what God was doing in the lives of people we met on the street. But also, I cried because there's so much more that needs to be done," Ramona shares.

You can help vulnerable men, women and children still struggling on the streets. Families and individuals desperate to escape homelessness and rebuild their lives.

Each \$7.51 you give today will help rescue someone in dire need from the cold, dangerous streets.

The Extreme Dangers of Cold Weather

As you read in Hannah's story, "staying warm quickly becomes a life-or-death battle" for individuals living on the street. The winter months are especially dangerous.

When you're experiencing homelessness there's no escaping the cold, damp winter weather. Right now, your vulnerable neighbors are exposed to its life-threatening risks including...



Frostbite. Your skin freezes when it's exposed to the cold for too long. This can lead to large blisters, nerve damage and serious infections.



Hypothermia. When your body loses too much heat, hypothermia sets in. Young children, the elderly and those who struggle with alcoholism are at greatest risk. If not treated quickly, hypothermia can cause severe health problems or death.



Heart Problems. Your heart has to work harder to keep you warm when you're exposed to the cold for a prolonged period of time. This increases your heart rate, blood pressure and risk of heart attack.

Our Vulnerable Neighbors Need Our Help

Generous friends like you help our vulnerable neighbors receive warm blankets, hygiene items, food and other essential survival items. With each item, our Search and Rescue team extends an invitation back to the Mission for safe shelter, hot showers and life-changing services.

"We reach people who don't know about or can't get to resources. Who don't think anyone cares. We show them that people in this community care and believe in them." — Emma, Outreach Staff

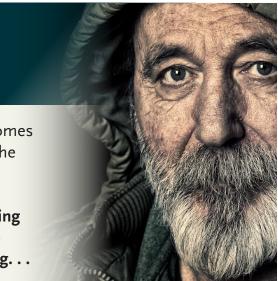
For more info about or to volunteer with Search and Rescue, please **email info@trm.org** or **call 253.383.4493**



Verse of the month:

"For the Son of Man came to seek and to save the lost."

-Luke 19:10 (NIV)



Help Meet the Most Urgent Needs!

Search and Rescue is about building trust, sharing God's love, and helping meet the most crucial and urgent needs of our hurting neighbors.

Will you help by providing some of these essential items?

Articles of Warmth:

- Socks
- Warm Coats
- Shoes
- Sleeping Bags
- Hand Warmers
- Warm Blankets

Hygiene Items:

- Travel-Size Soap
- Travel-Size Shampoo
- Toothbrush & Paste
- Deodorant
- Mouthwash
- Wet Wipes

Please bring all donations to: 1321 Center Street, Tacoma WA 98409

"Even a single pair of clean socks means the world. It shows that you care. That you see them as another human being." — Emma, Outreach Staff

