## **NOTICE:** THESE INSTRUCTIONS ARE IMPORTANT- PLEASE READ CAREFULLY BEFORE APPLYING

Thank you for your interest in the New Life Program at the Tacoma Rescue Mission. Please fill out the application carefully and completely. Return Signed Application:

> Drop off or mail to: New Life Program 3202 S. Tyler Street Tacoma, WA 98409

Email: brendab@trm.org

<u>Fax</u>: Attn: Women's NLP (253) 592-6899

The NLP is not a state-certified program. We DO NOT DO ASSESSMENTS. Incomplete applications will result in a delay for intake interview. Returning this application does not guarantee acceptance into the program. An intake interview does not guarantee entrance into the NLP.

Once the application is received by the Program Manager, she will review it and contact the applicant for a phone prescreen. **If the applicant does not have a phone number or email, she will need to contact the Program Manager at 253-383-4493, ext. 1548**. If the Program Manager is unable to contact the applicant via phone or email or does not receive a response from the applicant, the application cannot be processed further until contact is made and will be considered inactive (not eligible for next available opening). The Program Manager will make two attempts to contact applicant and then it is the responsibility of applicant to make contact.

Once an opening in the program becomes available, Program Manager will contact the first person on the Wait-List and schedule an interview. If she is unable to reach that person or there is no response within 2 business days, the next applicant will be contacted.

- $\checkmark$  You must be at least 18 years old to apply for the program.
- ✓ You must be prepared to enter the program immediately upon acceptance.
- ✓ If you require detoxification, the NLP does not conduct detox nor arrange for it. Detox must be arranged and accomplished prior to intake interview by the applicant.
- ✓ Applicants who are inebriated will not be interviewed. You may be UA'd or Breathalyzed at the interview.
- ✓ A minimum thirty-day blackout commences upon entry into the program.
  - Any scheduled appointments that will violate compliance with this requirement will result in non-acceptance.
  - No phone calls, outside appointments, or visitors allowed during the blackout.
  - If you require prescription medication, you must have enough to get you through the blackout period.

- ✓ The New Life Program (NLP) is an 8-12 month residential recovery program. No outside employment or schooling concurrent with the NLP will be authorized until the last phase.
- ✓ Our program is Christian based. Although non-Christians are welcome, all clients are expected to attend a Christian Church, Bible studies, and other Christian activities as part of the program.
- ✓ ALL pending legal issues (court dates, etc.) must be reconciled prior to interview.
- ✓ There is no cost for the program but applicants must meet income eligibility requirements. Income must be at or below \$1,175 a month for 1 person, \$1,342 for 2, and \$1,649 for 3 people.
- ✓ The program requires a considerable amount of reading and writing. If you are unable to read and comprehend adequately, you may be denied entry into the program. If your command of the English language is not adequate to understand course materiel you will be denied acceptance
- ✓ Medical and psychological diagnosis may or may not be an issue for admittance. Each is handled on an individual basis. Some diagnosis' are beyond the scope of the NLP to accommodate.
- $\checkmark$  All medications must be disclosed and turned into staff upon admission.
- ✓ Any applicant taking prescription narcotics will not be accepted.
- ✓ Applicants on the **Methadone** program will not be admitted.
- ✓ All applicants must be willing to submit to a UA/breathalyzer on the day of intake. + UA/Breathalyzer may result in delay or non-acceptance.
- ✓ Incarcerated applicants may submit the written application prior to release through the jail chaplaincy and begin the call-in process upon release. You must have a mailing address upon release prior to beginning the check-in process.
- ✓ You must agree to a Washington State Patrol criminal background investigation. A criminal history will not suspend you from application or acceptance to the program.
  Level 2 and 3 sex offenders are NOT eligible for our program.
- ✓ There must be full and honest disclosure on this application.
- ✓ Children living with you must be in school or daycare.

I have read and understand the instructions.

NLP Applicant Signature

# THE RESCUE MISSION NEW LIFE PROGRAM – WOMEN program application

#### Please write as neatly as possible

| DATE of APPLICATION:                                                          |                     |                             |                         |
|-------------------------------------------------------------------------------|---------------------|-----------------------------|-------------------------|
| Name:                                                                         |                     |                             |                         |
| Have you ever been a client in the New Life                                   | fe Program (NLP)    | ? YesNo                     |                         |
| If yes Date(s):                                                               |                     |                             |                         |
| NLP Graduate? Yes No                                                          |                     |                             |                         |
| Have you ever applied to the New Life Pro<br>If yes, when? (Month and Year)   | ogram prior to this | application? Yes N          | lo                      |
| Who referred you to the program?                                              |                     |                             |                         |
| Are you court-ordered to treatment? interview.                                | YES                 | NO If yes, b                | ring court paperwork to |
| Do you have any other court-ordered YES NO                                    | requirements (A     | nger management, victim imp | act panel, etc.)        |
| NOTE: If it is discovered that y application and during the ora<br>Honesty is | al interview, yo    | -                           | -                       |
|                                                                               | <u>Persona</u>      | <u>l:</u>                   |                         |
| Address:                                                                      | City                | Zip                         |                         |
| Phone: em                                                                     | ail:                |                             |                         |
| Your Age: DOB:                                                                |                     |                             |                         |
| Marital Status: Single Married                                                | Divorced            | Sig Other                   |                         |
| Children: Yes if Yes Ages:                                                    | No                  |                             |                         |
| Race/Ethnic origin:                                                           |                     | Veteran: Yes _              | No                      |
| Highest Education Level: Grade:                                               | HS Grad             | GED College                 |                         |
| Any learning disabilities (reading, writing,                                  | , understanding E   | nglish, etc.)? Yes          | No                      |
| If yes, what is the issue/problem?                                            |                     |                             |                         |
| Any Income? Source and amount:                                                |                     |                             |                         |

### Emergency Data: (This data is required and must be filled in and accurate)

| Contact: | Name:                |        |
|----------|----------------------|--------|
|          | Relationship to you: |        |
|          | Address:             |        |
|          | Phone:               |        |
|          | Allergies:           | Other: |

| List the top THREE priorities for you at this time: |
|-----------------------------------------------------|
|                                                     |
| 1.                                                  |
| 2.                                                  |
| 3.                                                  |

## Work History:

List your three most recent jobs by dates, employer, and why you left:

| Dates<br>From - To | Employer | Why you left |
|--------------------|----------|--------------|
|                    |          |              |
|                    |          |              |
|                    |          |              |

## **Behavioral – Drug and Alcohol Use:**

Are you in need of Detoxification at this time? Yes\_\_\_\_\_ No\_\_\_\_\_

List All:

| Drug/Alcohol | Age<br>Started | Are you addicted to this drug/alcohol? | Date Last Used |
|--------------|----------------|----------------------------------------|----------------|
|              |                |                                        |                |
|              |                |                                        |                |
|              |                |                                        |                |
|              |                |                                        |                |
|              |                |                                        |                |

## **Other Compulsive Problems:**

|                         | YES | NO |
|-------------------------|-----|----|
| Nicotine/Cigarettes     |     |    |
| Gambling                |     |    |
| Sexual                  |     |    |
| Pornography             |     |    |
| Relationships           |     |    |
| Food/Eating             |     |    |
| Computer/Internet       |     |    |
| Television              |     |    |
| Shopping/Spending money |     |    |
| Body Image              |     |    |
| Lying                   |     |    |
| Procrastination         |     |    |

Are you in recovery and worried about a relapse? Yes No

How many times have you made serious attempts at recovery?

List all recovery programs you have been enrolled in:

| Date –<br>Month/Year | Facility/Program: | City/State: | Inpatient or<br>Outpatient? | Treatment<br>Completed? |
|----------------------|-------------------|-------------|-----------------------------|-------------------------|
|                      |                   |             |                             |                         |
|                      |                   |             |                             |                         |
|                      |                   |             |                             |                         |
|                      |                   |             |                             |                         |

What is your longest period of abstinence for your addiction(s)?

Are you currently or have you been involved in accountability/recovery groups (AA, Celebrate Recovery, etc.)?

Yes \_\_\_\_\_ No\_\_\_\_\_

### Legal:

Are you currently involved in **any** of the following legal matters:

|                                                                                                                                                                               | Yes | No |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| ANY Court Hearing Pending?                                                                                                                                                    |     |    |
| ✓ If you have a court date pending, you will not be allowed to enter the program until after the court date and results of the appearance are known. INFORM THE RECEPTIONIST. |     |    |
| Are you a                                                                                                                                                                     |     |    |
| Registered Sex Offender?                                                                                                                                                      |     |    |
| If yes, what level?                                                                                                                                                           |     |    |
| Do you have an active warrant?                                                                                                                                                |     |    |
| Probation?                                                                                                                                                                    |     |    |
| Divorce pending?                                                                                                                                                              |     |    |
| Child Care Custody?                                                                                                                                                           |     |    |
| Debt Issues?                                                                                                                                                                  |     |    |

How much time have you served in: Prison?\_\_\_\_\_ Jail?\_\_\_\_\_

### List ALL prior convictions:

| Conviction: | Date(s): | Time Served: |
|-------------|----------|--------------|
|             |          |              |
|             |          |              |
|             |          |              |
|             |          |              |
|             |          |              |
|             |          |              |

If applicable:

| Probation Officer's name: | PO's Phone: |
|---------------------------|-------------|
|                           |             |

How often do you have to report?

Does your PO know you're applying? \_\_\_\_\_

## Medical:

| Do you have medical insura   | ance? Yes if so, through v    | vhom?             |     |
|------------------------------|-------------------------------|-------------------|-----|
| Height: We                   | eight: Date of La             | st Physical Exam: |     |
| What is the general state of | f your health? Excellent G    | ood Fair P        | oor |
| Are you suffering from with  | drawal symptoms right now? Ye | esNo              | -   |
| <b>If yes</b> , describe syr | nptoms:                       |                   |     |
|                              |                               |                   |     |

Do you suffer from any of the following?

| Symptom                                | Yes | No | Symptom                              | Yes | No |
|----------------------------------------|-----|----|--------------------------------------|-----|----|
| Trouble Sleeping                       |     |    | High Blood Pressure                  |     |    |
| Frequent Headaches                     |     |    | Diarrhea/Constipation                |     |    |
| Eye or Vision Problems                 |     |    | Sexual Issues                        |     |    |
| ANY Allergies(food, drugs, medication) |     |    | Stomach/GI Problems                  |     |    |
| Blood in Stool                         |     |    | Liver Problems (Hepatitis?)          |     |    |
| Tremors                                |     |    | Diabetes                             |     |    |
| Seizures                               |     |    | Persistent Respiratory (cough, etc.) |     |    |
| Difficulty Breathing                   |     |    | Any Contagious Condition(s)          |     |    |
| Sores That do not Heal                 |     |    | Venereal Disease/STD                 |     |    |
| HIV/AIDS                               |     |    |                                      |     |    |
| Suicide Attempts                       |     |    | Other:                               |     |    |

# Are you currently under the care of a:

| Physician                                                      | Psychiatrist/Psychologist _ |             | Therapist               |                          |        |
|----------------------------------------------------------------|-----------------------------|-------------|-------------------------|--------------------------|--------|
| If so, may we contact them?                                    | Yes No                      |             |                         |                          |        |
| Are you diagnosed with any                                     | disease or illness? Yes     | No          |                         |                          |        |
| If yes, what is/are the                                        | Diagnosis?                  |             |                         |                          |        |
| Have you been diagnos<br>anxiety, PTSD, etc.)? List all        | -                           | ental illne | <b>ess</b> (depression, | bipolar, schizoph        | renia, |
| If you have been diagnosed v<br>this time? YES NO_             |                             |             |                         |                          |        |
| Are you taking any pre<br>(No narcotics or medical marijuana a |                             | Yes _       | No                      | lf so, <u>list all</u> : |        |
| Do you have sufficient                                         | quantity to satisfy the     | 30 day Bl   | ackout?                 | <br>Yes                  | No     |

### Medical continued:

| Do you have any disability or ANY physical limitations? Yes            | No  |    |
|------------------------------------------------------------------------|-----|----|
| If yes, list disability/limitations:                                   |     |    |
| Have you been a victim of abuse (sexual, violent physical, emotional)? | Yes | No |
| Do you have an anger problem? Yes No                                   |     |    |
| Do you have any difficulty expressing or controlling feelings? Yes     |     | No |

## Spiritual Background

**NOTE**: Being a Christian is not a prerequisite for admittance to the program, but pay attention to the questions and notes below.

Were you raised in a religious home? Yes \_\_\_\_\_ No \_\_\_\_

Are you currently attending a church? Yes \_\_\_\_\_ No \_\_\_\_

#### How would you categorize your faith?

Christian \_\_\_\_\_

Non-Christian \_\_\_\_\_ If yes, indicate faith: (Islam/Muslim, JW, Mormon, etc.) \_\_\_\_\_

Agnostic \_\_\_\_\_

Atheist \_\_\_\_\_

This is a Christian program. All program clients are required to participate in the Christian aspects of the program. Do you agree to participate?

Yes No \_\_\_\_

## **<u>NOTE</u>**: If you are practicing another faith:

- For the required course work, only an approved Christian Bible may be used.
- You will not be allowed to perform rituals (bowing, chanting, incantations, sacrifices, etc.) associated with your faith within the confines of the NLP.
- You are not allowed to argue or debate faith against faith.
- You are not allowed to teach tenets of your non-Christian faith.
- Reason: all of these things may pose a stumbling block to young believers within the program.
- Staff welcomes any questions regarding faith and belief. Please seek out a staff member for these questions.

This is a difficult program. You need to be willing to devote 8-12 months of your life to finding your self-worth in Christ Jesus and seeking the healing that He offers. The success of the program relies mainly on your dedication, your effort, and your willingness to be honest with yourself, God, and the staff of this program. Please answer the following questions as COMPLETELY AND TRUTHFULLY AS YOU ARE ABLE. If you require more space, please write on the back.

Why are you applying for the New Life Program?

What does success look like to you? (Be specific)

# **New Life Program Agreement**

I need the New Life Program (NLP) because I have serious life-controlling addictions and problems.

| Acknowledge:    | I acknowledge that I am powerless over the effects of the choices I have made thus far in<br>my life – that my life has become unmanageable. I acknowledge that it is necessary for<br>me to submit to authority and that compliance with the guidelines and teachings within<br>the New Life Program (NLP) can be a beginning to a new, fulfilling, and healthy life. |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Alcohol/Drugs:  | I will live alcohol and drug free.                                                                                                                                                                                                                                                                                                                                     |
| Relationships:  | I will live without relationships that conflict with my recovery.                                                                                                                                                                                                                                                                                                      |
| Accountability: | I will remain accountable for my actions.                                                                                                                                                                                                                                                                                                                              |
| Responsibility: | I will take responsibility for my attitudes, actions, behavior, and decisions.                                                                                                                                                                                                                                                                                         |
| Facilities:     | I understand that the Rescue Mission (RM) invites applicants into their New Life Program<br>at the discretion of the NLP staff, and those clients are housed at the RM facility. The NLP<br>has authority over the portion of the facilities designated to house NLP clients. Removal<br>from the program will result in my vacating the NLP portion of the premises.  |
| Compliance:     | I agree to comply with the Program Guidelines and the direction of the New Life Program and Rescue Mission staff.                                                                                                                                                                                                                                                      |

#### During my recovery at the NLP I agree to the following:

#### Permission to use photograph, video, or story/testimony:

I grant the Rescue Mission (RM) the absolute and irrevocable right and permission to photograph me and use my picture, silhouette, or other reproductions of my likeness; to copyright the same, to use and reuse the same, in whole or in part, individually or in conjunction with other visual, audio, or written materiel, in any medium, for any purpose.

I hereby release the Rescue Mission (RM) from any and all claims and demands.

This authorization and release shall also insure to the benefit of the legal representatives, licensees and assigns of the RM.

| Applicant:           |           |  |
|----------------------|-----------|--|
| Print Name (Clearly) | Signature |  |
| Witness:             |           |  |
| Print Name (Clearly) | Signature |  |
|                      |           |  |
| DATE:                |           |  |

NOTE: If you are submitting electronically, your signature will be required when you present to the RM in person.



#### **HELP · HOPE · HEALING**

# Adams St. Family Campus

2909 South Adams Tacoma, WA 98409 (253) 3834493 - phone

#### AUTHORIZATION FOR RELEASE OF INFORMATION

I, \_\_\_\_\_, DOB \_\_\_\_\_SS#\_\_\_\_hereby authorize the **RESCUE MISSION** to release to **WASHINGTON STATE PATROL** the following specified information. I release the above named provider from any legal liability that may arise from this authorization.

**Information to be released:** Identifying information

Purpose of this release: Washington State Patrol Background Check

I understand my records are protected under the federal regulations governing Confidentiality of Alcohol and Drug Abuse Records, 42 CFR part 2, HIPAA 45 CFR, Washington State Uniform Health Care Act including RCW 70.02 & WAC 388-805, Child/Adult Abuse Information Act including RCW 43.43.830-845 & WAC 446-20-285, Criminal Records Privacy Act RCW 10.97.050 WSP Identification and Criminal History Section, may disclose, upon request, conviction criminal history record information and cannot be disclosed without my written consent unless otherwise provided for in the regulations. I also understand I may **REVOKE or RESTRICT** this consent at any time except to the extent that action has been taken in reliance on it, and in any event this consent expires automatically as follows:

| (Specification of the date, event, or condition upon which this consent expires) |          |  |  |  |
|----------------------------------------------------------------------------------|----------|--|--|--|
| Authorizing Signature(Client):                                                   | Date:/ / |  |  |  |
| Printed "FULL" Name(Client):                                                     |          |  |  |  |
| Maiden Name(s) Used://                                                           | <i>I</i> |  |  |  |
| Alias Name(s) Used://                                                            |          |  |  |  |
| Witness:(Staff)                                                                  | Date:    |  |  |  |

#### Confidentiality of Records

This information has been disclosed to you from records whose confidentiality is protected by State and Federal Laws. Federal regulations 42 CRF Part 2, HIPAA 45 CFR, Washington State Uniform Health Care Act including RCW 70.02 and WAC 388-805, Criminal Records Privacy Act RCW 10.97.050 prohibit you from making any further disclosure or re-disclosure of it without specific written consent of the person to whom it pertains, or as otherwise permitted by such regulations. A general authorization for the release of medical or other information is NOT sufficient for this purpose.