

A Message From Mike

The Road to Recovery

The more I share time with those who are our guests, the more I realize they're just like me. Each of them has one, two or a wide number of issues that has made them stumble.

But for any number of reasons, they don't have the ability you and I do to cope with the trauma in their lives. They simply have never had the opportunity to develop these tools.

That's why the New Life program focuses on each individual person. Not on their "problem." We get to the very roots of what has caused their homelessness.

Then, they get the help they need to build the tools necessary to become whole again.

It's why our program works! We serve the whole person – physically, socially, mentally and spiritually. And in doing so, we turn what many people see as a social burden and liability into healthy, contributing members in our neighborhoods.

Together, we're building real bridges back into our community.

Together with you,

Mike

Mike Johnson
Executive Director

1 day of recovery for just \$28.73!



Real Recovery Starts Here!

Just \$28.73 provides a day in our New Life Program.

YOU can help someone overcome the ravages of addiction and homelessness!

With over 1,700 homeless people here in Tacoma, we all recognize it's a community wide challenge. But you can help change this.

The New Life Program is one of the most successful programs in the country, helping restore the lives of hundreds of people each year. When you give to the New Life Program, you're not only helping restore a person's life – you're improving our community, as well.

For as little as \$28.73, you can provide a full day of care in the New Life Program. That's a great investment in turning someone's life around for good.

Please join me and others in our community to reach out and restore a life.

Give your most generous gift today!

Go online to TRM.org to give right now!

YOUR gift can make an eternal difference in someone's life!

HELP • HOPE • HEALING
THE TACOMA RESCUE MISSION NEWSLETTER

Connect with The Rescue Mission: myrescuemission RescueMissionUS

OUR COMMITMENT TO YOU

The entire staff of the Tacoma Rescue Mission pledges to do everything possible to help the hurting and homeless. It was our commitment when our work began 105 years ago, in 1912, and it continues to drive us today.

We pledge to offer help, hope, and healing to as many people as possible through food, shelter, clothing, education, career coaching, work opportunities, transitional housing, and more.

P.O. Box 1912 | Tacoma, Washington 98401-1912 | (253) 383-4493 | www.trm.org

In 2016 84¢ of every dollar went directly to services and facilities for the homeless.

HELP HOPE HEALING

THE TACOMA RESCUE MISSION NEWSLETTER

MAY 2017

Stephen thought no one could help . . . But he was wrong!

Stephen paced back and forth in our courtyard. He wanted help. But he was embarrassed. And he was skeptical. He knew the Mission couldn't help him. After all, he'd already been through eight treatment centers. He suffered from bi-polar disorder. He had court dates pending and both his son and daughter had cut off contact.

"No," Stephen thought, "they won't want me here." Hesitating, he dared to walk through the doors into our Dayroom . . .

Continued inside

"I was an MRI tech for 22 years. I was also drinking a fifth a day.."

INSIDE:

Helping the Person = Helping the Community
The High Cost of Homelessness
A Message from Mike: The Road to Recovery

Rescue Mission
HELP • HOPE • HEALING
www.trm.org



Stephen Discovers a New Life.

Continued from front page

After walking in, Stephen entered a new world!

Many people would have seen Stephen as broken, helpless and hopeless. But we recognized him for who he truly was . . . a child of God that deserved another chance.

In our Dayroom, Stephen began to experience first-hand the love and compassion that he needed to begin his journey to wholeness. He quickly joined our New Life Program.

In the New Life Program, Stephen wasn't "treated" for his alcoholism. We worked with him to help him confront and overcome each of the multiple issues that led to his problems.

Focusing on his whole person, he was given help in the areas of anger management. Help to deal with his history of self-medication for his bi-polar disorder. Help to determine the multiple triggers that led him to make bad choices.

No one had ever focused on Stephen as a whole person before . . . each of the eight treatment centers that failed had focused only on his addiction.

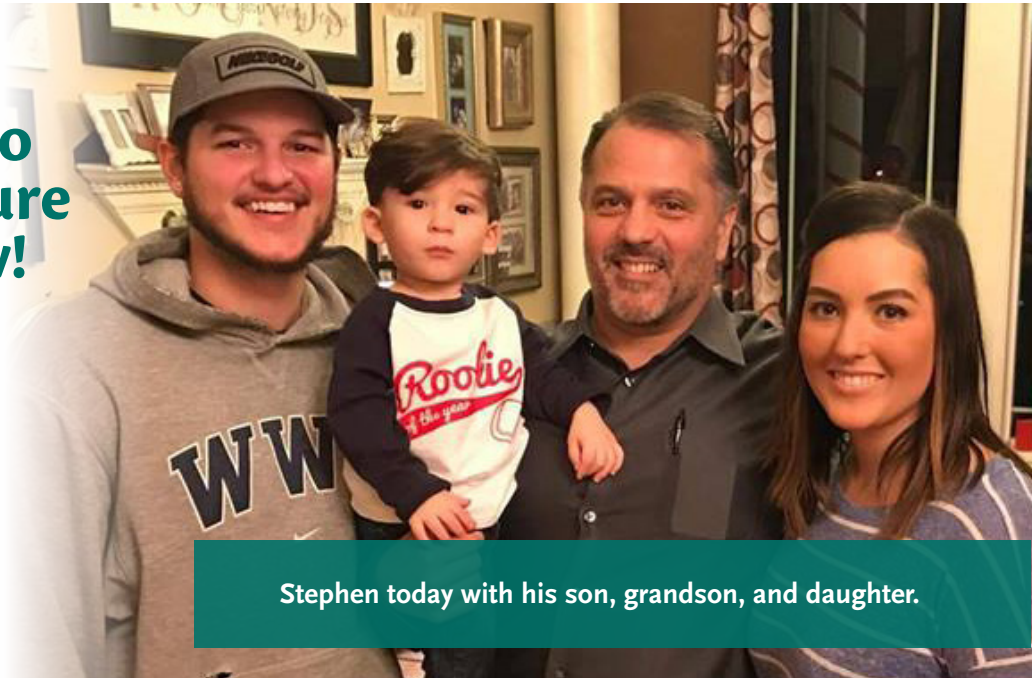
After five months in the New Life Program, the change in Stephen was amazing. He no longer craved alcohol or drugs. His anger was under control. The change was so positive that the judge even dismissed his pending court cases!

Today, Stephen has been sober and healthy for over a year . . . for the first time in 10 years! And he chalks it all up to the New Life Program:

"The Mission helps so many people understand that God loves everybody, and that he uses us as broken people to fix other broken people. Without a place like this, we can't get whole in order to help those broken people."

Stephen is just one of hundreds of people whose lives have been restored through the Tacoma Rescue Mission. And it's the support of friends like you that makes it happen!

"If I hadn't come to the Mission, I'm sure I'd be dead by now! Instead, I have my family back."



Stephen today with his son, grandson, and daughter.

YOU can help restore a life today for only \$28.73!

Did You know?

The High Cost of Homelessness

It's true that homelessness costs our city and state governments a tremendous amount of our tax dollars. One HUD estimate places the cost at just under \$40,000 per year for each homeless person. Some of these common costs include:



Night in Jail
\$90 to \$130



ER Visit
\$1,223



Day in WA Prison
\$128.48

OR *1 day of recovery at the Tacoma Rescue Mission* **\$28.73**

Helping the Person = Helping our Community

Addiction is expensive. It destroys lives, families and it hurts communities. That's why we're so committed to helping our homeless neighbors restore their lives and become free. Yes, it's hard work. And yes it comes with a cost. But the rewards are priceless.

Every time a life is restored, our community is better for it. And whenever a community commits to ending homelessness, individuals are healed, lives and families are restored . . . and a positive cycle is put in motion.

Thank you, Tacoma, for helping restore people one life at a time!



Women in our New Life Program at a graduation celebration

VERSE OF THE MONTH

"So if the Son makes you free, you will be free indeed." John 8:36



Thanks to all who made Easter at the Mission amazing, including Christ Church Federal Way!

Our Needs List for May:

- Volunteers for our Search & Rescue Van
- Razors & shaving cream
- Women's hygiene items
- Men's shoes
- Twin bed mattress cover
- New underwear and socks
- Diapers of all sizes
- Fresh Produce

Call us at 253.383.4493 to learn how you can help!

Our Current Prayer Requests:

Please join us in prayer as we prepare for the hot, summer months ahead:

- Our veterans who will be with us this Memorial Day.
- Increasing response to our Search & Rescue Van.
- Courage for the men and women in our programs.
- Filling open staff positions.
- Children staying with us who will be out of school.

To join our Prayer Team and receive updates email info@TRM.org!

Rescue  Mission
HELP • HOPE • HEALING

www.trm.org